



ELEVATED UP CIC

Health & Safety Policy

Policy	Health & Safety Policy
Organisation	Elevated Up CIC, Unit 2 Winster Grove, Birmingham, West Midlands, B44 9EG (Company No. 16143711)
Version	1.0
Approved by	Board of Directors
Date approved	June 2026
Date of next review	June 2027
Policy owner	Director (Operations)

1. Statement of intent

Elevated Up CIC is committed to providing a safe and healthy environment for everyone who takes part in, delivers or visits our activities. We will, so far as is reasonably practicable, prevent accidents and ill health and meet our duties under the Health and Safety at Work etc. Act 1974.

2. Responsibilities

Directors

The Board of Directors holds overall responsibility for health and safety, for providing safe premises and equipment, and for making sure suitable risk assessments are in place.

Session leaders and staff

Everyone delivering activities must follow this policy, carry out checks before sessions, report hazards and incidents, and look after the safety of participants in their care.

Participants and visitors

We ask everyone to take reasonable care of themselves and others and to follow safety instructions.

3. Risk assessment

We assess the risks of our activities and venues and put sensible controls in place. Risk assessments are written down, shared with the team and reviewed regularly and after any incident. Higher-risk activities, such as any aerial or equipment-based work, have their own specific assessments and equipment-inspection routines.

4. Premises and equipment

- Our studio at Winster Grove is kept clean, well-ventilated and free from obvious hazards.
- Equipment is checked before use, maintained, and taken out of use if damaged.
- Fire exits are kept clear and emergency procedures are displayed.



5. Accidents and emergencies

Trained first aiders and a stocked first aid kit are available at every session. All accidents, injuries and near-misses are recorded in our accident book and reviewed so we can prevent them happening again. Serious incidents are reported under RIDDOR where required.

6. Fire safety

We make sure everyone knows how to leave the building safely, keep escape routes clear and hold the studio's fire arrangements on file.

7. Review

This policy is reviewed every year and after any significant change to our premises or activities.

Approval

Approved on behalf of the Board of Directors:

A handwritten signature in black ink, appearing to read 'Emma Hobbis', is written over a horizontal line.

Emma Hobbis

Director, Elevated Up CIC

Date approved: June 2026