



ELEVATED UP CIC

Safeguarding Adults at Risk Policy

Policy	Safeguarding Adults at Risk Policy
Organisation	Elevated Up CIC, Unit 2 Winster Grove, Birmingham, West Midlands, B44 9EG (Company No. 16143711)
Version	1.0
Approved by	Board of Directors
Date approved	June 2026
Date of next review	June 2027
Policy owner	Designated Safeguarding Lead

1. Our commitment

Elevated Up CIC works with adults and older people, including many who live with disabilities or long-term health conditions. We are committed to making sure every adult who takes part in our activities is treated with dignity and respect and is kept safe from abuse and neglect.

2. Who is an adult at risk

An adult at risk is someone aged 18 or over who has care or support needs, is experiencing or at risk of abuse or neglect, and may be unable to protect themselves because of those needs. Some of the people in our chair-based and inclusive sessions may be adults at risk at particular times.

3. Our six principles

We follow the safeguarding principles set out in the Care Act 2014:

- Empowerment – supporting people to make their own decisions.
- Prevention – acting before harm occurs.
- Proportionality – the least intrusive response appropriate to the risk.
- Protection – support for those in greatest need.
- Partnership – working with local services and communities.
- Accountability – being transparent in how we safeguard.

We also apply Making Safeguarding Personal: we ask the adult what they want to happen and keep them at the centre of any decision, wherever they have capacity to take part.

4. Types of abuse

- Physical, sexual, psychological or emotional abuse.
- Financial or material abuse.
- Neglect and acts of omission, and self-neglect.
- Discriminatory abuse, organisational abuse, domestic abuse and modern slavery.



5. Mental capacity

We assume every adult has the capacity to make their own decisions unless there is clear reason to think otherwise, in line with the Mental Capacity Act 2005. Where capacity is in doubt, we seek advice before acting.

6. What to do if you have a concern

1. If someone is in immediate danger, call 999.
2. Report the concern to the Designated Safeguarding Lead the same day.
3. Record what you saw or were told, factually and in the adult's own words.
4. Respect the adult's wishes about what happens next, unless others are at risk or they lack capacity to decide.

The DSL will decide on next steps, which may include a referral to Birmingham Adult Social Care or the Police.

Our safeguarding contacts

Designated Safeguarding Lead (DSL): Emma Hobbis, Director – emma@elevatedup.org, 07759 036050

Deputy Safeguarding Lead: Rose Brain – rosebrain23@gmail.com, 07986 353165

Birmingham Children's Advice and Support Service (CASS) and the Local Authority Designated Officer (LADO): contact details are kept current on our safeguarding contacts sheet.

We work within the Birmingham Safeguarding Children Partnership (BSCP) and follow the Right Help, Right Time guidance.

NSPCC Helpline: 0808 800 5000 · Childline: 0800 1111 · Emergency: 999 (or 101 for non-urgent Police).

7. Review

This policy is reviewed every year, or sooner if guidance or the law changes.

Approval

Approved on behalf of the Board of Directors:

Emma Hobbis

Director, Elevated Up CIC

Date approved: June 2026